

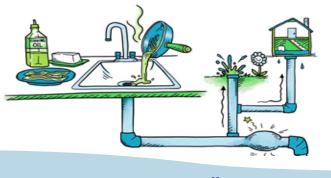
What is F.O.G?

F.O.G stands for Fats, Oil and Grease. It is produced from food preparation, packaged foods and food scraps. F.O.G should never be put down any sink drain. F.O.G should be **disposed of in the trash**.



How Does F.O.G Affect You?

Grease Blockages can lead to sewer overflows on your property. All too often, fats, oils and grease are disposed of improperly during food preparation and kitchen clean-up. When poured down the sink drain, F.O.G can build up, blocking sanitary sewer lines. This accumulation not only reduces the capacity of the wastewater collection system, but it also alters its effectiveness.



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Where does F.O.G. come from? Meats | Cooking Oils | Dairy Products | Sauces Dressings and Marinades

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How does F.O.G. get in?

F.O.G enters the sewer system through your plumbing. Common methods of entry include pouring F.O.G down the kitchen sink or toilet and using a garbage disposal to dispose of food scraps. The garbage disposal does not eliminate F.O.G; it merely chops it up into smaller pieces. All F.O.G and food scraps should be thrown in the trash, not down the drain.

What can YOU do to help?



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COOL

Allow F.O.G to cool. Pour any liquids into a seal-able, disposable container and place in trash.

SCRAPE

Use a spatula or a similar utensil to scrape any solid FOG and food particles into the trash.

CHUCK

Use a paper towel to dry wipe any remaining F.O.G residue into the trash. Place used paper towels in trash.

USE A SINK STRAINER

Use a sink strainer to catch any food particles that may be left on dishware and place in trash.

For more information on F.O.G, please contact: Shadram Thelusca Water Pollution Control Authority 15 South Smith St Norwalk, CT 06854 203-854-3211



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